

# THE INTERNATIONAL HERITAGE HERALD

November 20, 2020



## GENERAL

**Quote:** *"The measure of intelligence is the ability to change" Albert Einstein*

**Director's weekly notes- "The view from Dacia Boulevard"**

*The cold, grey, mid November gloom of a deserted Stansted airport on Saturday afternoon was virtually replicated in Chisinau this week as the end of autumn gives way to winter. There are some wonderful moments daily in this role but none more special and important than being out on the school gates first thing to welcome our students and staff for a new day of learning. One of the most important lessons from the pandemic and 2020 is the crucial importance of physical school and being back together for our educational development. The role of technology, the brilliant adaptability of educators in finding solutions to keep education continuing and the resilience of our communities in all this uncertainty, is definitely the message of the year, but so is how vital our daily interactions are, even the friendly wave and wishing each other a good day, every day. I hope none of my former schools in the UK take this as a*



*slight on them but it is also very welcoming to see children of Heritage know how to dress for cold and wet weather. Not always something I saw in the UK even to the point of writing home asking parents to make sure children had the right footwear, coat, scarves, gloves and hat as winter is definitely bearing down upon us in these last two weeks of November.*

*It was also a wonderful moment to be on the school gates on Monday morning to see Mr Chris and his team of Gymnasium students at the front collecting dog and cat food, bowls, blankets and other items that would all help the AREAL/FOMS Animal welfare shelter here in Chisinau look after stray and abandoned dogs again this winter. The Heritage community again showed their kindness, compassion and a strong sense of social responsibility with their donations and we will continue to collect until the end of November before delivering to the shelter. Thank you everyone and the patrons of AREAL/FOMS, Debbie and Jane, wrote to the school having seen the efforts on school social media. I was so proud to read their words about the values, ethos and culture of our school and the brilliant local and global citizens our children are becoming more and more. I quoted the former Headteacher of Eton College recently, when he spoke about schools where children are only schooled but not educated. The mission of Heritage is to make sure our young people are educated in an ever changing World and this is more important than ever. I would also ask you to have a look at the very important work, Child Aid, carries out supporting vulnerable children and families in Eastern Europe and especially in Moldova. Covid19 has taught us many things including some of more hidden inequalities in society but also the necessity of our communities supporting and working together.*

*As the school year continues to roll forward, we stay returned in school with safe measures, a normal part of our daily routines, getting to the end of a 3rd week since the break, with no cases and no classes in isolation. Our intelligence, in the words of Einstein, should be seen as our ability to adapt and change to our circumstances. We saw this just on Wednesday when we were asked if our DLP and response to learning in the pandemic could be used as examples for schools and educators in Hungary by the ministry there. I spoke to a certain group of students this week about there are always hills that look as if we should make a stand on but wisdom teaches us which ones to actually stand upon and fight for what really matters. In this case, not letting education become a victim of the pandemic and losing hope. This weekly newsletter shows all the time how we are carrying this out daily and this week's is no exception. We also don't lose sight of our character and who we are and in the Gymnasium assembly this week I talked about the combined themes of last week's Kindness day, this week's Anti-Bullying week and International Education Week. The latter is every day in this school as we connect our students and classrooms to those around the World as we continue to create global learning opportunities in an outward facing culture. We also talked in the assembly about the astonishing social justice campaigns of the footballer Marcus Rashford in the UK and the inspiration and example he is providing to young people to show how policies can be changed and governments can be influenced for the better around his Free School Meals campaign. This is the social responsibility and model we want for our Heritage students to show them there is decency and hope in this World as we come to the end of 2020.*

*Rob Ford, Director.*





**Debbie O'Connell**  
 to me, All, jane ▾ 1:00 AM (13 hours ago) ☆ ↶ ⋮

Dear Robert, Chris and Heritage staff

Thank you so much for this, what a brilliant start to the week indeed! I cannot believe how much has been donated already, absolutely wonderful! Thank you for all your hard work, I'm very grateful. With another two weeks to go until the collection finishes at the end of the month, I'm sure the final amount is going to be quite amazing!

Kindest regards  
 Debbie

⋮

**jane sumner**  
 to me, All, Debbie ▾ 10:25 AM (3 hours ago) ☆ ↶ ⋮

Dear Robert and team,

I am totally amazed with all your hard work, and the kindness of your wonderful school community in supporting our shelter. It really is so heartening to know that, once again, we have been blessed with this much-needed practical support from the Heritage family.

We will be booking our tickets to Moldova as soon as we possibly can, and really look forward to meeting up with you all again.

Love,  
 Jane.

*Please take time to have a look at supporting ChildAid, a charity in Eastern Europe supporting vulnerable children and families including the amazing work in the Tony Hawkes centre in Moldova - <https://www.childaidee.org.uk/>*

Basket: (0 items)

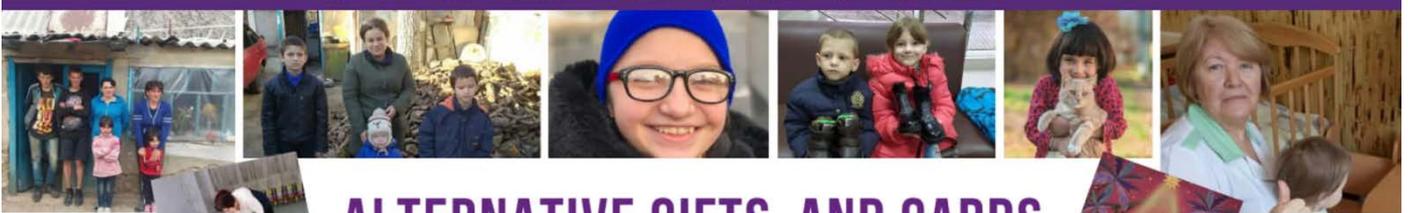






Subscribe
amazon
Donate

About us
Our work
Give now
Get involved
News and blogs
Shop
Sponsor a child



## ALTERNATIVE GIFTS AND CARDS

Our range of life-changing charity gifts will help transform the lives of children and families



←
ChildAid's Shop
→

## Heritage in the news:



Program de suport pentru cadre didactice, manageri și părinți despre menținerea bunăstării psihoe emoționale

**ALEG SĂ FIU BINE cu alții și cu mine!**  
Cum depășim provocările predării la distanță

Luni, 16 noiembrie 18:00

**Sesiune susținută de:**  
Tatiana Popa  
Coordonatoare Educație Globală și  
Coordonatoare Educație  
și Măndrie (Good & Memorable) Heritage

**Invitat:**  
Gabriel Vălcu  
Director al Liceului Teoretic  
"Mihail Kogălniceanu" din Călugăreni

**Ministerul Educației, Culturii și Cercetării al Republicii Moldova**

✓ Astăzi va avea loc o nouă sesiune online interesantă și utilă în cadrul Programului „Aleg să fiu Bine cu alții și cu mine!” ➡

Susținut de Ministerul Educației, Culturii și Cercetării al Republicii Moldova și UNFPA Moldova, Programul are scopul de a susține echilibrul psihoe emoțional al pedagogilor și părinților. 🙌



Orange 3G 21:15

Orange 3G 21:15

mine!"

ZOOM

Top Fan  
Dorina Vacari Andrieș  
Mulțumim pentru acest dialog f... See More

From: **Boglárka Tóth**

Date: Wed, Nov 18, 2020

Subject: Publication about distance learning

Dear Robert,

My name is Boglárka Tóth, I work at the Educational Authority in Hungary. We coordinate the EUN projects here, I am also an FCL Ambassador. I have seen the presentation about your school held on 20 March, 2020. Tatiana Popa showed the crisis management plan (reaction to the COVID-19 situation), the guidelines for students and parents of the International Heritage School. I found it very impressive. Congratulations! I was asked to write a publication by a Hungarian educational publisher (RAABE KLETT Oktatási Tanácsadó és Kiadó Kft.). The aim of this publication is to help school leaders to organize distance learning during this difficult period. I would like to use some of your materials (in Hungarian) referring to the school name as a good example found on the website and found in the crisis management plan, referring to the links every time I use them.

Best regards, Boglárka Tóth

In the recent edition of the **student newspaper**, Gesica Sirbu shares her review of Kimberly Brubaker Bradley's historical fiction novel, *The War That Saved My Life*. Set during World War II, a family from London evacuates from their home and relocates to the countryside. This powerful novel is designed to demonstrate how crucial it is to never give up in hope and love.

Check out **the Heritage Globe** for book reviews, interviews, school events, restaurant reviews, and more.



Our Student Newspaper  
The Heritage Globe  
Click Below  
<https://sites.google.com/heritage.md/heritageglobe>

<https://sites.google.com/heritage.md/heritage-globe/home>

## Increase Vocabulary Through Reading

5 Minutes of reading each day  
= 900 minutes/school year  
= 282,000 words



20 Minutes of reading each day  
= 3600 minutes/school year  
= 1,800,000 words

teachbesideme.com

We congratulate the winners of the **Municipal online Contest „Lecturiada publică ”**:

**Grade 8** Sabina Țurcan - II place.  
Bogdana Bujag-III place  
Ștefan Butnaru-honorable mention  
Mariella Carauș-honorable mention  
Sebastian Carauș-honorable mention  
Gabriel Rusu-honorabe mention

**Grade 9** Nicoleta Mardari- III place  
Ina Pancenco-honorable mention

We extend our congratulations to their teachers  
Livia State and Viorica Railean!

**Go Heritage!**



Our 8E student Mark Negruta represented Moldova in Romania National Karting Championship and won II place! Congratulations!

Heritage International School continues registration for language courses within the **Heritage Language Academy**. More details you can find here <http://www.heritage.md/en/heritage-language-academy/> For registration, please contact us on 062022208 or [language.academy@heritage.md](mailto:language.academy@heritage.md) Heritage School students will benefit from a 15% discount.





### Notes from Ms Elize

I was asked this week what teaching methods I use to ensure student success in my classroom. After pondering this question for a while I realised that creating a learning environment where each student feels protected, important and loved forms the foundation on which I build student success. To build and reinforce this philosophy, I have introduced our “Lunch with Ms Elize” activity in 3E. Each student had a turn to have lunch with ms Elize. It was an amazing experience. I learned so much about each one of my students. This gesture did not take any planning, resources, monetary or otherwise. It only took a bit of my time and a genuine interest in the little person sitting opposite me. However, the joy and appreciation on each little face was worth a lot more than anything money can buy. It made me realise again, that more often than not it is the small things that count the most.

At Heritage we are preparing our students to face the challenges of the future and become the leaders of tomorrow. Investing in our future means investing in our children. The United Nations has designated November 20 as Universal Children’s Day. It’s a time to promote togetherness around the world, awareness of the problems children face in every corner of the globe, and improve the welfare for all children.

This week’s Primary School Assembly form Ms Adriana and 2A was centered around this theme celebrating the very heart of our Heritage community - our students.



It sure has been a busy week in Science lessons at Heritage! Ms Stela and 3A have been learning about Pandas in Science and made some amazing posters and presentations.



*Hands on learning took center stage in 2E with Ms Elena. The students' investigated how flowers absorb water. They conducted an experiment and noted their findings. We all know how important it is to be able to give proper instructions. In 2E students learned this skill while bubbles of fun!*



*Ms Adriana and 2A are learning about the Science of Weather. They are also taking part in the eTwinning project: **World Weather Watch 2020**.*

*All participating schools collect daily weather data at 12 noon on an identical template throughout **International Education Week 2020 (16th- 20th November)**. On completion this will be uploaded as a PPT/eBook on the eTwinning pages for schools to compare weather data. Participating schools are encouraged to link any local weather sayings, poems, customs and children's art about the weather. There are 68 teachers from 24 countries. It's useful and incredible!*



Digital Literacy is becoming more and more important as we are adapting teaching and learning to overcome the challenges thrown at us by the current pandemic. 3E students have been exploring the app Tinkercad. It is an online collection of software tools from Autodesk that enable complete beginners to create 3D models.. This CAD Software is based on constructive solid geometry (CSG), which allows users to create complex models by combining simpler objects together. As a result, this 3D modeling software is user-friendly and currently enjoyed by many particularly teachers, kids, hobbyists and designers.



Our days are filled with wonderful learning experiences! We are extremely lucky to have our school physically open and we are working hard to ensure we stay open safely. We continue to practice our social distancing, hand sanitizing and wearing of masks.

With the days getting shorter and winter weather setting in there are more opportunities for quiet family time. I wish you a lovely weekend filled with sweet memories.

“While we try to teach our children all about life, our children teach us what life is all about.”

- Angela Schwindt

### **News from Secondary:**

- Mock exams, a crucial step in the preparations for the final examinations, will take place next week. After the exams IGCSE 1 students will work in their normal classrooms and ALL students should therefore come equipped with materials for the day, as per timetable.

Please note that **the Mock Exams cannot be administered online, and so the physical presence of each student in school is mandatory.** If you fear for your child’s safety in the pandemic circumstances (and your child is thus on DLP), please let us know and we are going to conduct the exam individually, so as to avoid any unwanted exposure to school surroundings and students. If your child is ill on the Mock Examination day, he or she will have to sit for it when he or she feels better.

Next week all the students can take part in Creative Writing Competition, we will select the best works in each age category. All the traditional subject Olympiads will not take place as the students of different classes should not interact, we keep class bubbles, but we will provide a variety of activities to challenge yourself.



## Black Sea Schools Creative Writing Competition 2020-21

### "The Imposter"

Write a short story or the opening to a novel connected to the theme 'The Imposter'

Schools can submit up to 3 pieces of work for each age category.

Under 11 (UK KS2)  
11-14 (UK KS3)  
14-19 (UK KS4&5)  
500 words or less

The competition will run from 9th November 2020 to 29th January 2021  
Submission Date: Friday 29th January 2021

Winner to be announced and awarded: Thursday 26th February 2021

Criteria for assessing the pieces will be shared with schools before the opening date. Schools should assess their school's entries and submit up to 3 "best-in-school" pieces per age category. The organisers will then share the submitted entries with all participating schools who will rank all entries in each category. The piece with the best average ranking in each category will be the overall winner.

#### Organisers:

Rachel MacPherson (Head of English, BIST)  
Joanne Gow (Key Stage 2 Coordinator and Primary Literacy Coordinator, BIST)  
Please email [r.macpherson@bist.ge](mailto:r.macpherson@bist.ge) for further details.



## Black Sea Schools Creative Writing Competition 2020-21 Criteria and rubric for assessment

Write a short story or the opening to a novel connected to the theme  
'The Imposter'

#### Age Categories

Under 11's (UK KS2)  
11-14 (UK KS3)  
14-19 (UK KS4&5)

#### Procedures

1. Schools should run a competition locally (in their own school) using the theme above, the age categories and assess entries using the criteria below.
2. Schools select their own local 1st, 2nd and 3rd place in each age category.
3. Schools send a pdf copy of each 1st, 2nd and 3rd placed entry separately (one entry per pdf) to [r.macpherson@bist.ge](mailto:r.macpherson@bist.ge). There will be a total of up to 9 pieces on 9 pdfs. This should be done by the 29th January 2021.
4. BIST will then place all the entries from all schools into a google folder for each age category. These will be shared with each school.
5. Each participating school will rank all entries 1st to *n*th place per age category (excluding their own school's entries from the ranking). The rankings should be sent to [r.macpherson@bist.ge](mailto:r.macpherson@bist.ge).
6. BIST will calculate the best average rankings in each age category and a winner will be declared for each age group on 26th February.

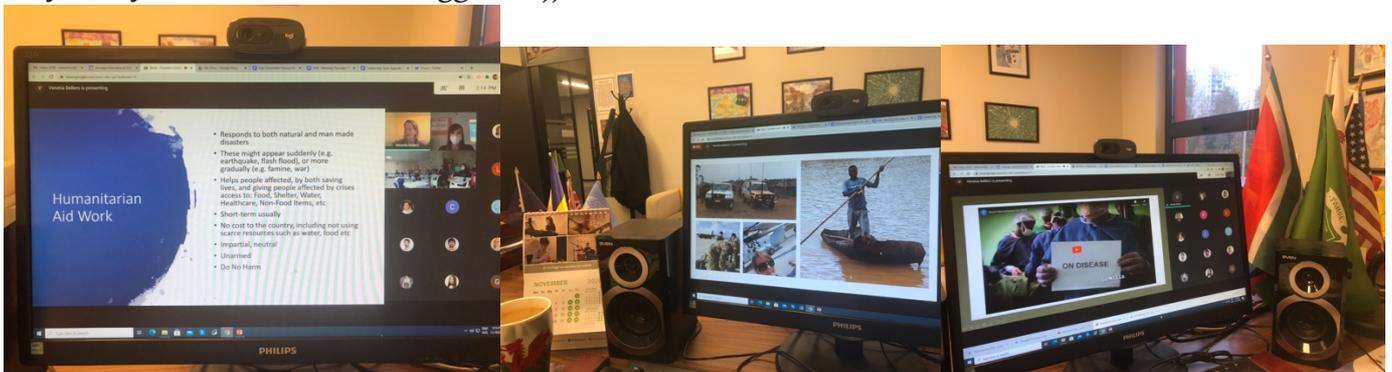
#### Judges should consider pieces of writing that:

- Offer original interpretations of the theme that may be literal, metaphorical or ironic.
- Are engaging, thought provoking and cause the reader to think deeply about the theme and may cause the reader to experience a variety of emotions or to contemplate issues raised by the theme.
- Relate experience that is real or imagined with insight and sensitivity.
- Present characters that are authentic and well developed.
- Present settings that are believable and support the structure and content of the piece of writing.
- Demonstrate an understanding of the craft of writing through confident manipulation of language that is well selected and chosen for specific effect.
- Use vocabulary that is powerful and evocative. This may be achieved through the use of metaphor and other literary techniques.
- Demonstrate a unique style that indicates creativity and flair.

Please note that any submission could be used in the Black Sea Schools magazine and on social media.

## Global Education

Our guest speaker was Venetia Bellers, humanitarian aid expert, who shared from her experience in offering help in places where catastrophes happen. Mrs. Bellers spoke about the importance of finding out what aid people in such situations need, why donating money is more efficient than donating clothes, for instance. She showed examples of aid packs provided in different locations of the world and in different disasters, and she spoke about the appropriateness of the donations in order to really help the needy. A humanitarian worker can be anything from a doctor to an engineers to a driver - different jobs provide different types of help. The importance of actually listening to local people and providing what they really need can make the biggest difference.



Mrs. Bellers has been to places like Haiti, or Beirut, or other 'hot' places around the globe and has helped to save people affected by so many diasaster, but, as she said, 'it is much worse to fear for others than

to fear for yourself. She takes pride in many difficult cases she dealt with in a positive way, and there were many missions that gave her sleepless nights with lots of reflection and with huge impact on her vision of the world.



What a wonderful lecture just after the World Kindness Day celebrated here at Heritage International School! Surely many of our students see themselves as humanitarian workers saving the world and making it a better place!



On November 20 all the world celebrates the UN Children's Day. On this occasion, students in grades 8 and 9 had a video conference with our partner school in Finland. Both parties shared what are the rights and responsibilities of young people in their respective countries and they saw how things vary slightly in terms of age. A wonderful end of the International Education Week, with Mrs. Venetia Bellers speaking about humanitarian work worldwide and finishing on a hopeful note of children's rights and responsibilities for the 21st century life!

NOV 5 : [bit.ly/3oZFws7](https://bit.ly/3oZFws7)

STUDENT PRESENTERS  
( EUROPE )



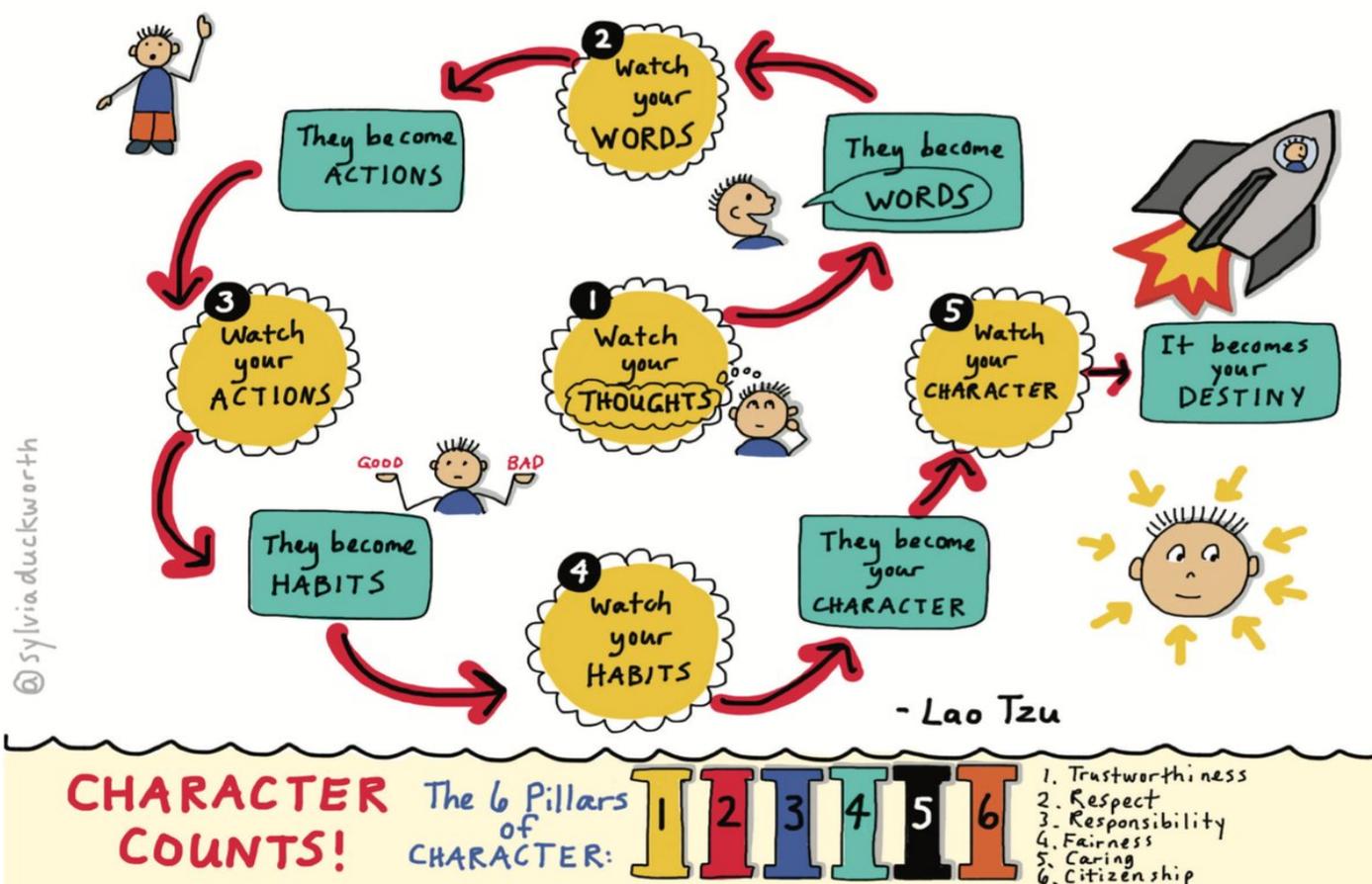
HERITAGE  
INTERNATIONAL  
SCHOOL  
Moldova 🇲🇩



Climate Action  
Project

with Ms. Tatiana Popaben, Head of Global Education





We call all Heritage students to participate in the project "Christmas Greetings and Happy New Year Card"!

All works will be featured in the "Winter Exhibition", in the school virtual Art Gallery.

The selected works will be printed on the school cards and send to organisations, parents and friends of Heritage around the World, wishing them seasons greetings and best wishes for the new year.

**Type of work:** New Year / winter artwork - a painting or a drawing, without text (not a card, just a painting)

**Size of the work:** A4 or A3.

**Materials and technique:** free choice.

**Submitting the work:** bring your work to Ms. Iulia Miscisina (Primary students) and to Mrs. Elena Meleca (Gymnasium students).

**Due date:** December 7

WINTER CONTEST

ART

HERITAGE

DESIGN OUR

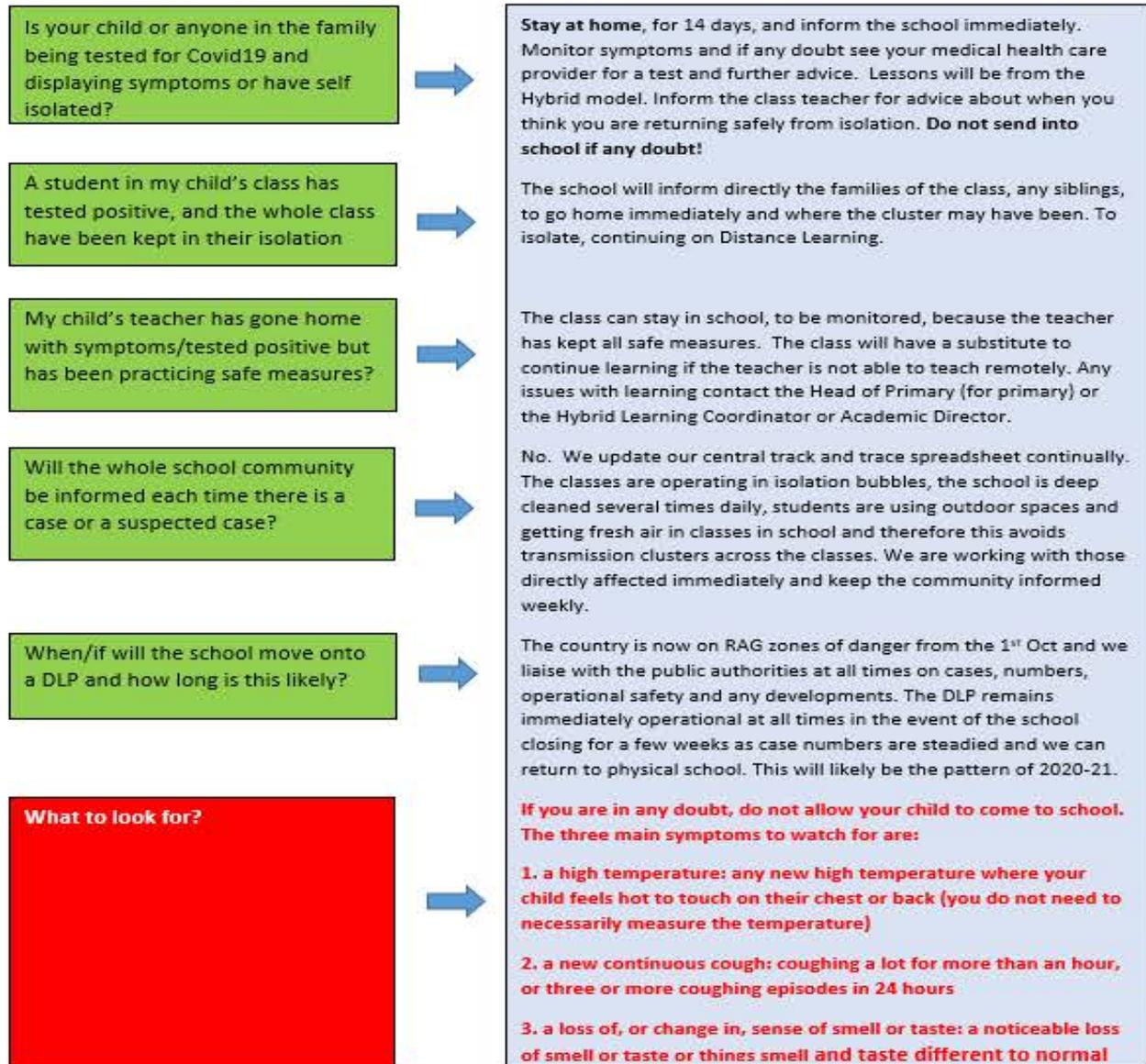
Christmas Card

Draw or paint a Christmas themed ARTwork

We will use the winners artwork on our Christmas Cards for 2021! Entries will be judged in three categories: Ages 7-10, Ages: 11-13, Ages: 14-16

Submission deadline: December 7

## Can/Should my child go to school today?



If one of the students is tested positive with Covid-19, the whole class will be quarantined for 14 days. **Siblings** do need to be in isolation as well.

For all the children who are in quarantine parents should fill in the **epidemiological form**:  
<https://forms.gle/Ok1DBdfa4BykX8Gq9> All the information provided will be sent to the Public Health Center.

### **Necessary documentation for returning to school:**

Before returning to school after the quarantine period, parents should present to classroom teacher the **Declaration**

[https://drive.google.com/drive/u/0/folders/1J0WBrE37gjfOOHJAXY3UR0DG\\_klSi7wc?q=owner:iute%40mail.ru](https://drive.google.com/drive/u/0/folders/1J0WBrE37gjfOOHJAXY3UR0DG_klSi7wc?q=owner:iute%40mail.ru)

For children who have been tested positive with Covid-19 and in case of any disease, for return to school it is mandatory to present the **medical certificate** with the 3 stamps, as a confirmation that the child can attend groups of children.

## FORTHCOMING EVENTS

23rd-27th November 2020

23rd-27th November 2020

30th November 2020 - 4th December 2020

30th November 2020 5pm online

Lower Secondary Checkpoint - Mock exams I

Creative Writing Competition

IGCSE 2 Mock exams I

**Lyceum Open Evening** for Grade 10 Parents and Students for starting Cambridge A Levels September 2021



## Protect yourself and loved ones from coronavirus.

**Wash** your hands regularly with **soap** and **water**.

**Cover** your mouth and nose while **sneezing** or **coughing**.

**Avoid close contact** with anyone who has a cold or flu-like symptoms.

If you have fever, cough and difficulty breathing, **seek medical care early**.

unicef  | for every child

# HOW TO SUPPORT YOUR CHILD'S MENTAL HEALTH

@BELIEVEPHQ

www.BelievePerform.com



**LOVE**  
Be there for your child and show care and love



**EXERCISE**  
Encourage play, exercise and sport



**BEHAVIOUR**  
Keep an eye out for any changes in behaviour



**SUPPORT**  
Regularly support, encourage and praise your child



**REST TIME**  
Help your child to manage stress by building in some rest time



**BE PROUD**  
Tell your child that you are proud of them



**PATIENCE**  
Be patient. Don't pressure your child



**HELP**  
Don't be afraid to seek help from professionals



**FEELING**  
Get to know how your child is feeling



**EDUCATE**  
Educate yourself about mental health problems



**PROBLEM SOLVING**  
Help your child to effectively problem solve



**LISTEN**  
Make sure you take time to listen to what your child has to say



**COPING**  
Help your child to learn some simple coping skills such as relaxation



**SYMPTOMS**  
Be aware of signs and symptoms



**CONVERSATION**  
Encourage your child to engage in conversation

**ENVIRONMENT**  
Provide a positive environment for your child where they can thrive



"I told him as an expert in the field I strongly recommmer wearing it, but he just kept bringing up his 'rights'."



**World Health Organization**  
REGIONAL OFFICE FOR Europe

**We don't have time for influenza this year.**  
**Stop flu with vaccination, hygiene and physical distancing**

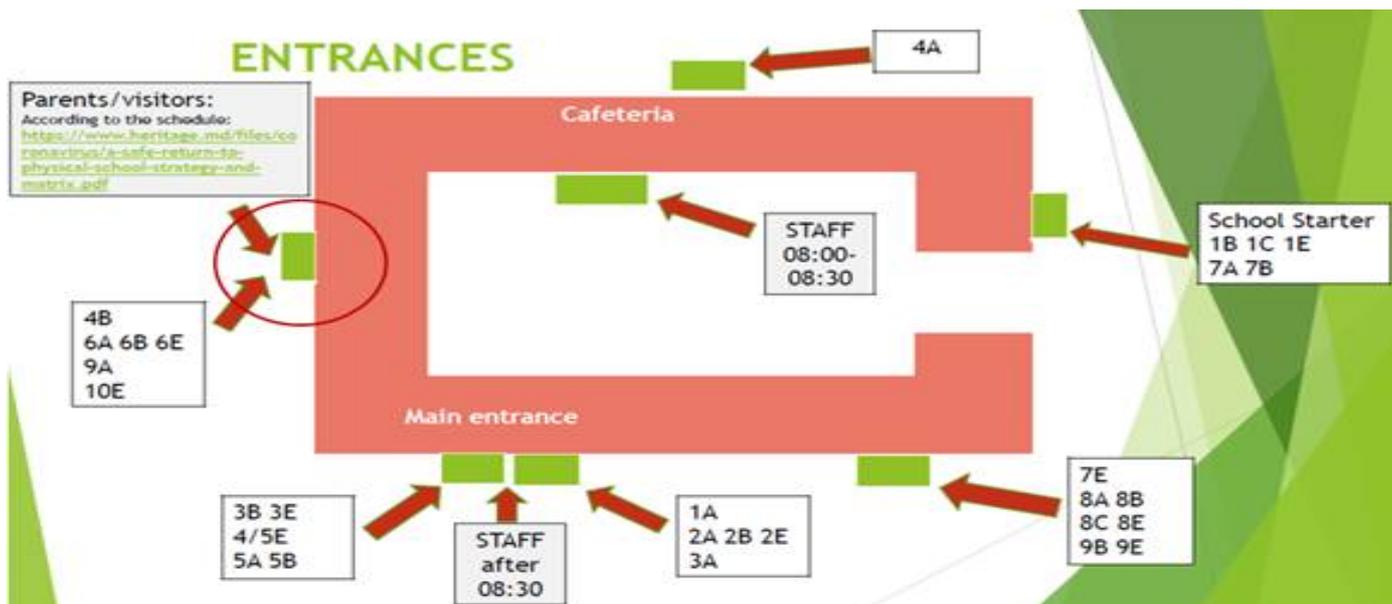


## Six things NOT to do when wearing a face covering



DO NOT use if damaged or damp  
DO NOT wear it around chin  
DO NOT wear loose-fitting mask

DO NOT pull away from face to speak  
DO NOT touch front of mask  
DO NOT share your mask



### A Smart School Life to Prevent COVID-19

**Open windows often to let fresh air in and clean your desk regularly.**

- Occasionally open the windows for your health and that of your friends. Especially, do so right after arriving at school and during break, lunchtime, and clean-up time!
- Clean your own desk regularly.

**This is how your school life should be:**

- Always wear a mask during classes and breaks.
- Wash your hands often.
- When coughing or sneezing, cover your mouth and nose with your sleeve.
- Avoid physical contact, such as holding hands.
- Do not let others use your personal belongings.

**Be considerate to your friends during lunchtime.**

- In the school cafeteria, line up at double arm's length apart from each other.
- Do not talk while eating.
- Take off your face mask right before eating your meal and put it back on immediately after.

**If you are feeling ill, tell your teacher.**

- If you have fever, sore throat, cough, or runny nose, tell your teacher right away.
- If your friend becomes a confirmed case, do not panic; just follow your teacher's instructions.

교육부

## CORONAVIRUS SOCIAL DISTANCING

## PLEASE KEEP APART

## MAIN CONTACTS

Director: [director@heritage.md](mailto:director@heritage.md)  
 Academic/Secondary School [inga.chiosa@heritage.md](mailto:inga.chiosa@heritage.md)  
 Primary School: [elize.morin@heritage.md](mailto:elize.morin@heritage.md)  
 International: [international@heritage.md](mailto:international@heritage.md)  
 Family Liaison Officer: [diana.pulbere@heritage.md](mailto:diana.pulbere@heritage.md)  
 Hybrid Learning Coordinator: [tatiana.popa@heritage.md](mailto:tatiana.popa@heritage.md)

School psychologist: [olesea.pletniiov@heritage.md](mailto:olesea.pletniiov@heritage.md)  
 Head of English Department: [liliana.pulbere@heritage.md](mailto:liliana.pulbere@heritage.md)  
 ESL Cambridge primary: [larisa.mirza@heritage.md](mailto:larisa.mirza@heritage.md)  
 Absences: [school.absences@heritage.md](mailto:school.absences@heritage.md)  
 Buses/meals: [tatiana.arnautu@heritage.md](mailto:tatiana.arnautu@heritage.md)

Follow Heritage on social media: FB (@heritage.moldova) Webpage ([www.heritage.md](http://www.heritage.md)) Twitter (@HIS\_Moldova)